

Vegetable Families

Botanical Family	Common Name	Edible Members
Alliaceae *	Allium or Onion family	chives, onions, scallions, shallots, garlic, leeks
Amaranthaceae or Chenopodiaceae *	Amaranth or Beet family	amaranth, beet, chard, spinach, quinoa
Apiaceae or Umbelliferae *	Carrot or Dill family	angelica, anise, caraway, carrot, celery, chervil, cilantro, cumin, dill, fennel, lovage, parsley, parsnip
Asteraceae or, Compositae *	Aster, Daisy, or Sunflower family	artichokes, cardoons, chirocy, endive, escarole, lettuce, raddichio, (<i>sunflowers</i>), jerusalem artichokes
Brassicaceae Or Cruciferae *	Brassica, Cabbage, or Mustard family	arugula, bok choy, broccoli, brussels sprouts, cabbage, cauliflower, kale, kohlrabi, mustard, radish, rapini, rutabaga, tat soi, turnip
Cucurbitaceae	Cucumber, Gourd, Melon, or Pumpkin family	cucumber, chayote, melon, pumpkin, squash, watermelon
Fabaceae Or Leguminosae *	Legume Family	(<i>beans</i>), peas, (<i>peanuts</i>), fava beans, soybeans, lentils
Lamiaceae *	Mint Family	(<i>basil</i>) mint, rosemary, sage, marjoram, oregano, thyme
Poaceae Or Gramineae	Grass Family	barley, bamboo, corn, rice, rye, sugarcane, wheat
Solanaceae	Nightshade, Potato or Tomato Family	eggplant, (<i>potato</i>), tomato, pepper

* - Cool weather family (can be grown through the winter in Southern California)
(*Italics*) are contrary to the rule